

MAY 02 1995

Lambda

Laurentian University's Student Newspaper

Thursday, Sept. 8 1994 - le jeudi 8 sept. 1994

Volume 33 - Issue/Numéro 1

This line-up is huge!!! I'm not going in there!

- Frosh's comment after seeing ten people in line at the bookstore cash.
(Wait 'til next week, fool)

WELCOME



BIENVENUE

TERRORIZING FROSH SINCE 1961

LAMBDA
STAFF

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MESSAGE FROM THE PRESIDENT

To all new and returning students of Laurentian University, WELCOME!

Laurentian University has much to offer. Our interdisciplinary emphasis provides any student with many interesting options. Our small class size fosters a supportive and personal learning environment. Our bilingual programs and services encourages anyone to live "en français" or experience a different language and culture. Finally, our recreational facilities are second to none.

The time spent at Laurentian should be your most challenging, stimulating and enjoyable years. I encourage you on campus this fall.

Ross Paul
President

Un Mot Du Recteur

À tous les étudiants de l'Université Laurentienne, BIENVENUE!

La Laurentienne a beaucoup de choses à vous offrir. Nos options interdisciplinaires offrent plusieurs choix intéressants aux étudiants. Nos petites classes favorisent un environnement académique personnel ainsi qu'une atmosphère de famille. Nos programmes et services bilingues encouragent tous à vivre en français ou même connaître une langue et une culture différentes. Enfin, nos installations sportives sont sans pairs.

Vos années à la Laurentienne devraient être des plus stimulantes et agréables.

J'espère vous voir sur le campus cet automne et je vous souhaite du succès durant vos études.

Ross Paul
Recteur

Social Sciences ADvice-Dean

Welcome to Laurentian University! I am the Vice-Dean, English of Social Sciences and with my colleagues the Vice-Deans in the other faculties and the College registrar, act as academic advisor to first year students. If you have a question or a problem, please don't hesitate to ask. I usually know the answers, but if I don't, I can direct you to someone who does. My experience shows that if you attempt to solve problems quickly and when they are small, it is much easier than attempting to solve really large problems.

The first few weeks of university life can be a trying time. You may be adjusting to living away from home for the first time. Some of you will be very excited; some will be scared or lonely. The academic life of a university is different from what you experienced in high school, or perhaps you have been away from school for some time. There is often much to do that can distract you from your studies. Assignment dates may seem far off in the future, however, if you don't start focusing on your studies early on, you may find yourself overwhelmed by all the work that needs to be done. So remember, have fun but don't lose sight of why you are here in the first place, for an education. Keep in mind that time spent carefully choosing your courses, for example, may make for a better year.

Please carefully read all the information the university sends to you. The university provides much information but because you are adults, you are expected to be responsible for keeping yourself informed.

During the coming months, I will be writing a column from time to time, to keep you posted on important issues, to help you plan your studies and to answer your questions. If you have a question or comments, please address them to the Social Sciences Vice-Dean secretary, located in the Law and Justice office, room A126 [right next to Tim Horton's].

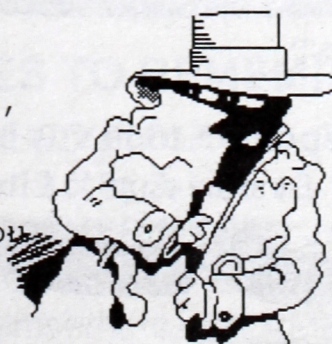
I look forward to seeing many of you on September 8.

Elizabeth Levin



Seen something interesting happen lately? Privy to state secrets? Think your info is newsworthy? Think we'll agree? Call us with your news tips at 673-6548. Or better yet, come volunteer your time as a news writer! All the abuse, sleepless nights and irate editors you can handle!

Anonymity assured for those state secrets types



Office of the Ombudsperson/Bureau du protecteur universitaire



Bienvenue à la Laurentienne! Ayant entré en fonction septembre dernier, c'est donc la première fois que je salue les nouveaux et les nouvelles dans le numéro d'été du Lambda.

Cette université a plein de choses à vous offrir ainsi qu'un superbe campus! J'espère que vous en profiterez tout en maintenant l'équilibre entre les études et les divertissements! Il faut toujours un peu de temps pour s'accoutumer à un nouveau milieu et il se peut que vous rencontriez quelques anicroches. Certains bureaux et services universitaires peuvent vous donner un coup de pouce lorsque les choses ne tournent pas rond. Tous ces statuts, règlements et exigences peuvent être déroutants, accablants, et même carrément intimidants! Le Bureau du protecteur universitaire (ou ombudsman) est un de ces endroits où vous pouvez obtenir renseignements et conseils.

Le protecteur universitaire offre un service confidentiel à la population étudiante à temps plein ou à temps partiel, de premier ou de deuxième cycle qui éprouve des problèmes reliés aux cours ou aux services universitaires. Autonome et impartial, il peut faire des enquêtes officielles et servir de médiateur en cas de différends. Le cas échéant, il est aussi habilité à faire des enquêtes officielles et formuler des recommandations. A la fois service d'information et dernier recours, il ne remplace toutefois pas les mécanismes d'appel existants.

Subventionné conjointement par l'Université, l'AEF et l'AGE, ce bureau témoigne de l'engagement de la communauté universitaire à assurer un traitement juste et équitable à l'endroit des étudiants et étudiantes.

Alors, si au cours de vos études vous vous butez à une difficulté et vous ne savez pas quoi faire ou à qui vous adresser, consultez votre ombudsman. Je suis à votre disposition et je serai peut-être en mesure de vous aider.

Bon succès dans vos études et bien sûr, amusez-vous bien!

Claude Roy
Ombudsperson/protecteur universitaire
Room/Bureau 924, R.D. Parker
675-1151, ext/poste 1083

Welcome to Laurentian! As a relative newcomer myself (having started my duties last September), this is my first opportunity to greet new students in the Summer edition of Lambda.

Laurentian University has a lot going for it and a lot to offer you - all on a beautiful campus! Enjoy, but remember it's important to keep studies and play in the proper balance. As you ease into this new environment, you may encounter a few problems or hit a few snags. The University has a number of offices and services available to help through some of the "bumpy parts" on the road to higher learning. All these new rules, regulations and requirements can be pretty overwhelming, confusing or downright intimidating (maybe even all three)! One of the places you can get information and help is the Office of the University Ombudsperson (or Ombuds Office, for short).

The Ombudsperson provides confidential service to full-time, part-time, undergraduate and graduate students who may encounter academic or non-academic problems. Independent and impartial, the Ombudsperson can make informal inquiries and mediate disputes. He also has the authority to conduct more formal investigations and to make recommendations when required. Meant to serve as an information source and as a last resort, the Office does not replace existing appeal mechanisms. Jointly funded by the University, AEF and SGA, it reflects the University Community's commitment to ensuring that students are treated fairly and equitably.

So...if at any time you have a problem and you don't know where to go or what to do, contact your ombuds; I'm here to listen to your concerns and may be able to help.

Best of luck in your studies, and of course, have fun too!

Chers étudiants et étudiantes,

Nous, les vice-doyens de l'Université Laurentienne, vous souhaitons la bienvenue à votre nouvel environnement académique.

Nous sommes vos conseillers académiques pour votre première année à l'Université et, à ce titre, nous serons là pour vous aider à choisir votre programme et vos cours, à régler tout problème pouvant survenir au cours de cette année cruciale. N'hésitez donc pas nous téléphoner ou à venir nous rencontrer pour toute question concernant ou affectant vos études.

En attendant de faire votre connaissance très bientôt, acceptez, chers étudiants et étudiantes, nos vœux de succès dans vos études.

Dr. Ali Reguigui

Being a student has its advantages.



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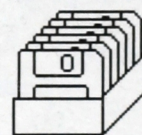
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this**

Campus Ministry at Laurentian

Come walk with us!

Campus Ministry at Laurentian is a strong viable organization that cares about the students.

It acts as a compassionate and humanizing presence on campus. By bringing together students from diverse backgrounds, it also aims for students' personal and spiritual growth. Furthermore, it provides a place where loneliness and alienation can be offset by a helping presence as well a safe place to talk and open up about personal concerns.

Activities of all kinds are planned for the upcoming school year and students are encouraged to participate. From La Montée in September with all universities to the Third World Experience in May, there is something to interest everyone.



"Building on the rock...
Bâtir sur le rocher."

A tentative schedule follows:

- La Montée (September) with all universities
- Walk of the trail Emmaus Road (October)
- Pot luck Meal
- Ecumenical Prayer gathering (September - January)
- Clowning on Campus (March)
- Bible Study
- Third World Experience (May)
- Articles in Lambda
- Food drive for the Soup Kitchen
- Club room available with a small library and guide for good reading

Ministry methods include counseling, discussion and reflexion groups, prayer meetings and religious services as well as social functions and visits to hospitals and prisons.

There is also a Student Volunteer Peer Ministry. This organization supports and promotes the objective of Laurentian Campus Ministry "Awareness - Visibility - Accessibility of Spiritual Life on Campus". These volunteers inform the Laurentian community of upcoming events and are willing to share about personal perception and understanding of spiritual life on campus.

For more information, please contact Father Ron Perron at the University of Sudbury, 673-5661 or visit them during Club Days.

LOCS/EHCL

by Kevin Santi
President
LOCS/EHCL

Now entering its fifth year of existence, LOCS/EHCL, an organization created by off-campus students, is here for all persons attending Laurentian University who reside off-campus.

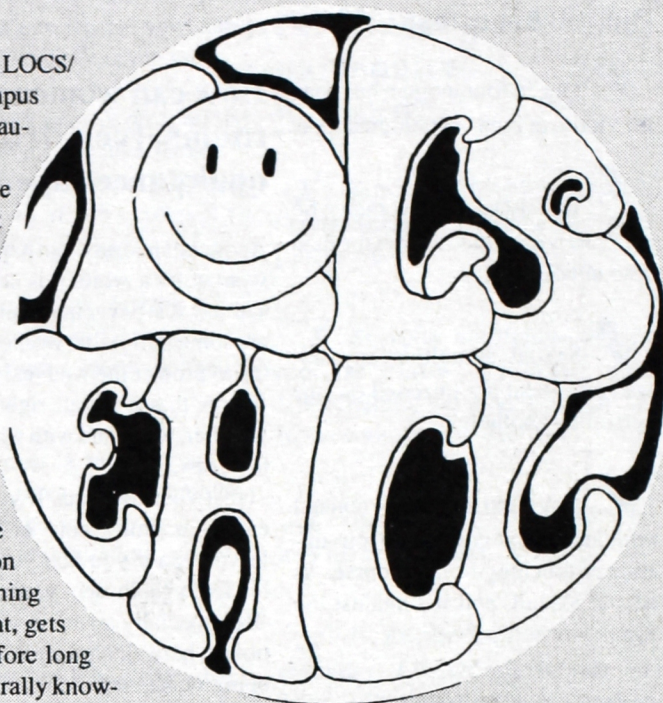
Laurentian University is not a separate piece of Sudbury but rather an important part of the community and therefore important to those students who live beyond the campus boundaries. LOCS/EHCL (Laurentian Off-Campus Students/Etudiant(e)s Hors-Campus de la Laurentienne) is a dynamic organization geared solely to demonstrate to the new and the old student that life does exist beyond school. The potential adventure of living off-campus is endless. Combining advice from senior students with the action and drama of Frosh Week, the person who feels unsure and anxious about beginning the socializing process in a new environment, gets swept up in the excitement of it all and before long becomes the greatest of social butterflies, literally knowing people around every corner!

LOCS/EHCL boasts a membership in surplus of 600, from Frosh (1st year students) to returning graduates, the organization prides itself in providing a forum for ideas for all students. With an accessible executive, a network of dynamic volunteers and your input, the club not only works for and with you, it becomes a part of you. The intensity you feel and demonstrate is reflected in the event itself and thereby transforming the event into the bash others talk about for days. The club becomes more than a large group out for a good time, because in that time the hard work, patience and ingenuity of the people who put it together and made it happen is present. But the most important aspect that LOCS/EHCL offers to all of its members is pride. Pride in its accomplishments and in its sense of family. This club is an organization which gives more than it receives. Nothing makes an executive or a membership happier than seeing their friends having a good time at a minimal cost. We look out for you because you decided to take a chance on us.

The LOCS/EHCL experience is not just coming to the party but actually getting involved with the organization of the events. The only way the club can celebrate its anniversary time and time again is the simple fact that new faces and the fresh ideas that they bring, join the organization keeping it strong, active and diversified.

Membership to LOCS/EHCL can be purchased during Frosh Week - look for the LOCS/EHCL booth set up on the first floor of the Arts Building (or Bowling Alley) - or by filling out the registration form that is below and sending to us the fee indicated. This fee for the Frosh Kit not only covers your membership to the club but also includes a T-shirt, a mug, the cost of admission to events, food and beverages and transportation for the week.

We are anticipating Frosh Week and hoping to see a whole whack of new faces. Have an enjoyable summer and see you in September!



LAURENTIAN UNIVERSITY BOOKSTORE WELCOMES YOU!!

BOOKSTORE RUSH HOURS

September 6 to 9
September 12 to 15
September 19 to 21

9 a.m. to 4:30 p.m.
9 a.m. to 8 p.m.
9 a.m. to 7:30 p.m.

September 26:
Mon. to Fri.

Back to REGULAR hours!!!
9 a.m. to 4:30 p.m.

Closed Saturdays and Sundays

Your one Stop Shopping Place



* Books *
* Supplies *
* Gifts - Mugs *
* Complete line of University Clothing *
* Computers *



DATES TO REMEMBER

CASH FOR BOOKS - STUDENTS USED BUY-BACK OF TEXT (OUTSIDE BOOKSTORE)

SEPT. 6 to 9 from 10 a.m. to noon & 1 p.m. to 3 p.m.

PLACE YOUR ORDER FOR CUSTOM LEATHER/NYLON JACKETS OUTSIDE THE BOOKSTORE

SEPT. 29 and 30 from 10 a.m. to 3 p.m.

(Watch for posters and advertisements in LAMBDA for more information)

SEXUAL ASSAULT

by Norma MacRae

Did you know that...???

✓ One in four women has been the victim of rape or attempted rape.

✓ In most cases, a woman who is sexually assaulted knows the man who attacks her.

✓ Sexual assault is any unwanted sexual act imposed on one person by another.

✓ Any kind of sexual contact without mutual consent - from unwanted touching to intercourse - is sexual assault, and it's against the law.

Acquaintance rape is sexual assault committed against a woman by someone she knows: an acquaintance, a friend, a date or even a boyfriend.

Many women have trouble naming what has happened to them as sexual assault because:

-many people still believe rape only happens when a stranger forces sexual intercourse.

-when someone is known as a friend, date, boyfriend or a person in a position of authority, it's painful to realize that they can break your trust through pressuring, coercing or forcing sex.

-many people mistakenly think there has to be physical violence and a physical struggle for a sexual assault to have occurred. In fact, the vast majority of acquaintance rapes and sexual assaults involve coercion, not physical force.

-of the myth that if a woman agrees to any kind of sexual contact, like kissing or petting, she has agreed to "go all the way." Thus many women blame themselves for being sexually assaulted. This increases the isolation and trauma of sexual as-

sault.

How can women protect themselves from acquaintance rape?

Acquaintance rape can happen to any woman. If a woman is sexually assaulted, it is never her fault. But there are some things that women can do to try to protect themselves.

-Know that it's your right to decide whether, when and with whom you'll have sex.

-Trust your instincts. If you feel uneasy, uncomfortable or confused, leave even if you fear you may hurt his feelings. Protect yourself!

-Be especially aware in social situations where alcohol and/or drugs are being consumed. Many assaults on women happen in these contexts.

-It's your right to set limits on what happens sexually. It's your right to say no even if you are attracted to someone or previously had sex with them.

-Expect acceptance and respect from all your friends, including men you may choose to have sex with. Do what you can to promote equality in relationships between women and men.

What can men do to avoid and prevent acquaintance rape?

Do NOT assume:

-that you have the right to have sex with a woman just because you want to.

-that you know without asking if a woman wants to have sex with you.

-that you have a right to control what happens sexually.

-that if you have had some sexual contact, then more is okay.

-that because you think a woman has been friendly or flirtatious, it means you can have sex with her.

Don't use any kind of pressure, coercion or manipulation to get someone to have sex with you. For example:

"Come on, just this once, please?"
"It's over between us if you don't."
"If you loved me you would."
"It'll be good, you'll see."
"We've done it before."

Don't use alcohol or drugs as a way to get sex.

Don't use force, or threats of force, to get someone to have sex with you.

Don't intimidate a woman through your body language, behaviour or actions.

What can men do to make sure that both partners consent to sex?

✗ If you want to be sexual with someone, ask first.

✗ If you don't get a clear response, don't go any further. Uncertainty or lack of response does not mean "yes."

✗ Make sure you are both sober.

✗ Listen respectfully and respond. If a woman says "no", she means no. Stop whatever you're doing.

✗ Take responsibility for birth control. Talk about it with your partner.

✗ Practice safe sex. This means always use a condom.

✗ Do what you can to promote equality in relationships between women and men.

HARASSMENT!!!!!!!

Laurentian University endeavours at all times to provide a working and learning environment that is free of discrimination and supportive of productivity, academic achievement and the dignity, self-esteem and fair treatment of all members of the University Community. The basis of interaction at the University is one of mutual respect, cooperation and understanding and the University will not tolerate any behaviour which is likely to undermine this. Harassment is a form of discrimination that violates human rights, dignity and integrity, and that can poison the work and learning environment. The Ontario Human Rights Code specifically prohibits discrimination on the basis of "race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, age, record of offences, marital status, family status or handicap". (1991, c.53, s. 5.2).

Behaviour constituting harassment is considered by Laurentian University to be a serious offence affecting the University generally, and it is subject to a range of disciplinary measures up to and including dismissal or expulsion by the University.

Laurentian University has approved a Harassment Policy and Complaint Procedures. The aim of the policy is to discourage harassment and to resolve complaints.

The Laurentian University Harassment Education and Complaints Committee (LUHECC) is composed of faculty, staff and students from the Laurentian University Community and is chaired by the Harassment Officer. The central purposes of the committee are to maintain communication between the various University constituency groups and the committee concerning policy, education and programmes, to monitor the effectiveness of the Harassment Policy and to make recommendations for changes, to advise the Harassment Officer concerning harassment education and awareness programmes within the Laurentian community and to assist in their implementation and to act as advisors or mediators or members of the hearing process for the resolution of cases and complaints when required.

Confidentiality is assured. For advice, copies of the university policy and procedures on this issue and for further information, please contact:

Norma MacRae, Harassment Officer and Chair of LUHECC at 675-1151, ext 3422.

Greetings From Native Student Services

Welcome!

I am looking forward to meeting you. You come to Laurentian University from near and far. Some of you are alone and others are with their family. There are those of you who have extensive work experience while others are just beginning to get work experience. Many of you have been out of the formal academic setting for many years and others are arriving straight from high school. All of you must have at least one question that I may help you answer.

As the Native Student Counselor on campus, I strive to make the Laurentian University experience a pleasant one for Native students. If you have questions regarding course preparations, admissions, courses, housing,

child care, finances, employment, recreation, schools for your children, Sudbury and other services, please feel free to contact me at (705) 673-6506 or drop in to the Counseling and Resource Center (just past the Laurentian University bookstore). See you soon.

Monica Lafontaine
Native Student Counselor

I'm pleased to announce to you that I have been working on the Native Orientation along with Monica. This Native Orientation is put on just for you, as first year students, to ease the confusion of entering a formal academic institution. As a second year student, I know how intimidating your first year can be. I hope to see you at the Mini-Conference which takes place during Frosh Week. This is a great opportunity to meet others like you and our helpful Native Staff.

Elizabeth Moore
Native Student Orientation Assistant

LIBRAIRIE DE L'U.L. Journées de manteaux

Dates: 29 & 30th septembre
Time: 11h00 à 15h00
Place: Foyer du Grand Salon

Coût

Cuir \$ 289.95
Cuir Melton \$ 195.95
manteau Stadium \$ 82.95 & \$ 92.95
manteau de nylon \$ 64.95 & \$ 68.95

Procurez votre manteau de la Laurentienne!!



LE VIOL COMMIS PAR UNE CONNAISSANCE

by Norma MacRae

Saviez-vous que...?

✓ Une femme sur quatre a été victime de viol ou de tentative de viol.

✓ Dans la plupart des cas, une femme victime d'agression sexuelle connaît l'homme qui l'attaque.

✓ Une agression sexuelle est un acte sexuel non désiré imposé à une personne par une autre.

✓ Tout type de contact sexuel qui se déroule contre votre gré, des attouchements aux relations sexuelles non désirés, constitue une agression sexuelle et c'est contre la loi.

✓ Le viol par une connaissance est une agression sexuelle commise par une personne connue, un ami, un petit ami ou le compagnon d'une sortie.

Beaucoup de femmes ont du mal à qualifier d'agression sexuelle ce qui leur est arrivé parce que :

-beaucoup de gens pensent qu'il y a viol seulement lorsque c'est un étranger qui impose les relations sexuelles.

-lorsque quelqu'un est

considéré comme un ami, un petit ami, une connaissance ou une personne en situation d'autorité, il est douloureux de réaliser qu'il peut trahir votre confiance en vous obligeant par des paroles ou par des actes à avoir des relations sexuelles.

-beaucoup de personnes pensent à tort qu'il faut qu'il y ait de la violence et une lutte physique pour qu'il y ait viol. En fait, la grande majorité des viols et agressions sexuelles commis par une connaissance font suite à des pressions verbales et non pas à des actes de force.

-le mythe persiste que si une femme accepte un type quelconque de contact sexuel, comme un baiser ou une caresse, elle est d'accord pour "aller jusqu'au bout". C'est pourquoi beaucoup de femmes se sentent coupables lorsqu'elles ont été agressées sexuellement. Cette attitude augmente le désarroi et le traumatisme provoqués par l'agression sexuelle.

Comment les femmes peuvent-elles se protéger du viol commis par une connaissance?

N'importe quelle femme peut se faire violer par une personne qu'elle connaît. Lorsqu'elle est victime d'une agression, ce n'est jamais de sa faute. Mais il y a malgré tout des moyens de se protéger.

-Sachez que vous avez le droit

de décider avec qui et quand vous voulez avoir des relations sexuelles.

-Écoutez votre instinct. Si vous ne vous sentez pas à l'aise ou êtes indécise, partez, même si vous avez peur de le contrarier. Protégez-vous!

-Méfiez-vous surtout des événements sociaux où on consomme de l'alcool ou des drogues. De nombreuses femmes se font agresser dans ce contexte.

-Vous avez le droit d'établir des limites sur ce qui se passe sur le plan sexuel. Vous avez le droit de refuser même si vous êtes attirée par quelqu'un ou que vous avez déjà eu des relations sexuelles avec lui.

-Exigez que tous vos amis, y compris les hommes avec qui vous choisissez d'avoir des relations sexuelles respectent et acceptent vos souhaits. Faites ce que vous pouvez pour promouvoir des relations équitables entre les hommes et les femmes.

Que peuvent faire les hommes pour éviter de commettre un viol avec une connaissance?

Ne présumez pas :

-que vous avez le droit d'avoir des relations sexuelles avec une femme

simplement parce que tel est votre bon plaisir.

-que vous savez, sans lui avoir demandé, qu'une femme veut avoir des relations sexuelles avec vous.

-que vous avez le droit de contrôler ce qui se passe sur le plan sexuel.

-que parce que vous avez eu quelque contact sexuel, il est normal d'en avoir plus.

-que parce qu'une femme s'est montrée amicale ou flirteuse, vous pouvez avoir des relations sexuelles avec elle.

N'ayez recours à aucun type de pression, de force ou de manipulation pour obliger quelqu'un à avoir des relations sexuelles avec vous.

Par exemple :

"Allons, juste une fois, s'il-te-plaît."
"C'est fini entre nous si tu ne veux pas."

"Si tu m'aimais tu le ferais."

"Ça va être bon, tu vas voir."

"On l'a déjà fait avant."

N'exploitez pas les effets de l'alcool ou des drogues pour avoir des relations sexuelles et ne les prenez pas comme excuses.

N'utilisez pas la force ou des menaces pour obliger quelqu'un à avoir des relations sexuelles avec vous.

N'intimidez pas une femme par vos gestes, vos comportements et le langage du corps.

Que peuvent faire les hommes pour avoir l'assurance que les deux partenaires sont d'accord?

✓ Si vous voulez avoir des relations sexuelles, demandez d'abord à l'intéressée.

✓ Si vous n'obtenez pas de réponse claire, n'insistez pas. L'incertitude ou une absence de réponse ne signifie pas "oui".

✓ Assurez-vous que vous êtes tous les deux sobres.

✓ Respectez ce qu'on vous dit et répondez. Lorsqu'une femme dit "non", elle veut dire "non". Arrêtez immédiatement vos avances.

✓ Acceptez la responsabilité de la contraception. Parlez-en avec votre partenaire.

✓ Optez pour des relations sexuelles sûres. Utilisez *toujours* des condoms.

✓ Faites de votre mieux pour promouvoir des relations équitables entre les femmes et les hommes.

LE HARCÈLEMENT

L'Université Laurentienne s'efforce en tout temps d'offrir un milieu d'apprentissage et de travail qui favorise la productivité, le rendement scolaire et un traitement équitable, tout en préservant la dignité et l'estime de soi des membres de la communauté universitaire. À l'Université Laurentienne, les relations entre personnes se fondent sur la collaboration, la compréhension, et le respect mutuels et l'Université ne tolérera aucune conduite qui ébranle ce principe. Le harcèlement est une forme de discrimination sérieuse qui viole les droits, la dignité et l'intégrité de la personne, et qui peut empoisonner le milieu de travail ou d'étude. Le Code des droits de la personne de l'Ontario interdit expressément toute discrimination fondée sur "la race, l'ascendance, le lieu d'origine, la couleur, l'origine ethnique, la citoyenneté, la croyance, le sexe, l'orientation sexuelle, l'âge, l'existence d'un casier judiciaire, l'état matrimonial, l'état familial ou un handicap". (1991, c.53, art. 5.2).

L'Université Laurentienne considère que toute conduite constituant une forme de harcèlement est un grave délit qui peut entraîner des mesures disciplinaires allant jusqu'au congédiement ou au renvoi.

L'Université Laurentienne a approuvé une politique et une procédure touchant le harcèlement. La politique vise à décourager le harcèlement et à régler les plaintes.

Le Comité d'éducation sur le harcèlement et de règlement des plaintes (CEHRP), composé de membres du personnel enseignant, du personnel administratif et d'étudiantes et étudiants de la communauté universitaire Laurentienne, a pour mandat de: maintenir la communication entre les différents groupes universitaires et le Comité au sujet de la politique, de l'éducation et des programmes, de superviser l'application de la Politique sur le harcèlement et faire des recommandations, de conseiller l'agente, Harcèlement, en matière de programmes de sensibilisation et d'éducation au sein de la communauté universitaire, et participer à leur mise en oeuvre, et d'assurer un mécanisme de consultation, de médiation et d'audience en vue du règlement des plaintes, le cas échéant.

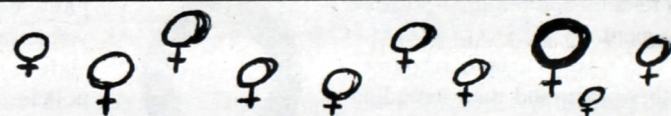
Le caractère confidentiel de cette intervention est respecté. Pour obtenir des conseils, des exemplaires de la Politique et procédure de l'université et pour de plus amples renseignements sur ces questions, s'adresser à

Norma MacRae, Responsable, Bureau du harcèlement (et la Présidente du comité), au 675-1151, poste 3422.



Norma MacRae, responsable du Bureau d'harcèlement/Norma MacRae, Employment Equity - Personal Harassment Officer

Photo by Janice Savage



LIBRAIRIE DE L'U.L. Politique de remboursement et d'échange

Manuels scolaires

La librairie n'effectuera un remboursement complet que durant les périodes suivantes:

Manuels de la première session

dans les 3 semaines suivant le début des classes

Manuels de la deuxième session

dans les 2 semaines suivant le début des classes

La session printemps - été

dans la semaine suivante le début des classes

Abandon de cours

dans la semaine suivant l'abandon du cours. L'étudiant doit présenter son formulaire de changements dans les études.

Ouvrages de référence et publications commerciales

Toile dans les 48 heures suivant la date d'achat accompagné du reçu

Livres de poche aucun remboursement. Les ventes sont définitives.

Cadeaux et articles divers

Dans les dix jours suivant la date d'achat. Les vêtements ne doivent pas avoir été portés ou lavés.

Marchandises défectueuses

Remboursement ou échange de la marchandise défectueuse.

Toute marchandise doit être accompagnée du reçu de l'achat et être en parfait état. Il n'y aura **AUCUNE EXCEPTION** à cette politique.

Laurentian University Women's Centre Centre des femmes de l'université Laurentienne

So you may have two questions: what the hell is a Women's Centre and why should there be one at Laurentian anyway?

Well, if you don't already know, a) the Women's Centre is: an information and referral service available to both men and women;

-a lounge and meeting area for women and women's committees and discussion groups;

-an organizational centre for guest speakers, film/video series, awareness

campaigns, for student life at the university and other events and programs which contribute to intellectual culture outside the classroom (believe us, there's not much of that otherwise at Laurentian)

And b) Laurentian is actually one of the last universities in the country to establish a Women's Centre (we've only been here since May), and our student population last year was 59 per cent female.

Our goals are to increase awareness of issues which impact the lives of women, and to improve opportunities for and offer support to the women of Laurentian University. The Women's Centre works to enrich the culture and enhance the social diversity of the Laurentian population. We offer a female- and feminist-positive environment.

We've got loads o' resources for both women and men including pamphlets, a growing reference library, information about community and campus offices and agencies, condoms, and dental dams. Drop by and stock up.

Despite what a few people think, we don't "hate men." We actually have normal,

positive, and constructive relationships with people like our fathers, brothers, male friends and classmates, boy-friends, husbands, part-

ners, etc. We just believe that women can experience direct and systemic disadvantage, discrimination, and marginalization in society and post-secondary education. Racial minority, disabled, Abo-

original, working-class, and francophone women and lesbians encounter even greater barriers to social equality. Women should therefore have access to organizations like the Women's Centre which can properly address our distinct situations.

The Women's Centre is run by volunteers, who, working as a collective (a non-hierarchical organizational structure), have equal voices in decisions and policies. All Laurentian women from all backgrounds are welcome to



be volunteers, staff the centre, participate in our caucuses and discussion groups, and/or hang out in our lounge.

So... drop by some time. As we're writing this (July), we're at L227 Parker Building (that's the tall white one across from the Great Hall), although we may move by the end of the summer.

And for the nay-sayers: we're here. We're controversial (although we shouldn't be; we're actually very nice people). We're not going away. Deal with it.

Laurentian University Women's Centre

L227 Parker Building
675-1151, ext. 2151



Vees Are Triumphant...Again.

For those of you who missed last weekend's action, the Soccer Vees crushed both Brock and Waterloo. The scores were 4-1 over Brock on Saturday and 4-2 over Waterloo.



Il se peut que vous aviez deux questions: qu'est ce que c'est au juste le Centre des femmes et pour quelle raison devrait-il y en avoir un à notre université?

Alors, pour ceux qui ne le savent pas encore, a) le Centre des femmes est:

-un service d'information et de références disponible aux femmes et aux hommes;

-un salon et un endroit de rencontre pour femmes et les comités et groupes de discussions des femmes;

-c'est un centre organisateur pour les invité(e)s, les séries de films/vidéos, les campagnes de sensibilisation, la vie étudiante à l'université et d'autres événements et programmes contribuant à la culture intellectuelle hors des salles de classes (croyez-nous, il n'y a pas gros de ceci autrement à la Laurentienne).

De plus b) la Laurentienne est une des dernières universités dans le pays à établir un centre des femmes (nous sommes ici que depuis le mois de mai 1994), et l'année dernière notre population étudiante comprenait 59% de femmes.

Nos buts sont d'augmenter la sensibilisation aux issues qui font impactes sur la vie des femmes, et d'améliorer les perspectives pour les femmes et d'encourager les femmes de l'université Laurentienne.

Le Centre des femmes a pour but aussi d'enrichir la culture et de mettre en valeur la diversité sociale de la population universitaire. On offre un entourage féminine- et féministe-positif.

Nous avons une 'tonne de ressources pour les femmes et les hommes, y inclus des pamphlets, une bibliothèque de référence qui grandit, de l'information au sujet de la communauté ainsi que sur les bureaux et les agences sur campus en plus des gratuités telles que les condoms et les digues. Entrez nous voir et vous en approvisionner.

En dépit de ce que certain

gens croient, on ne "déteste" pas les hommes. En réalité, nous avons des rapports normaux, positif et constructif avec les gens tels que nos pères, nos frères, nos amis et nos camarades de classes, nos chums,

nos maris, nos patenaires ect. Nous croyons fermement que les femmes peuvent souffrir de désavantages direct et systématique, de discrimination, et de marginalization dans la société autant que dans

l'éducation post-secondaire. Les minorités raciales, les infirmes, les Aborigènes, la classe ouvrière, les femmes francophones et les lesbiennes rencontrent mêmes plus de barrières en vue d'égalité sociale. Les femmes devront ainsi, avoir accès à de telles organisations comme le Centre des femmes qui peut adresser avec efficacité nos situations distinctes.

Le Centre des femmes fonctionne à l'aide des bénévoles, qui, travaillant en collectif (une structure

organisatrice sans hiérarchie), ont une voix égale dans les décisions et les politiques du centre. Tous les femmes de la Laurentienne de tous milieux sont bienvenues à devenir bénévoles, à faire partie du personnel du centre, à participer dans nos caucus et groupes de discussions, et/ou de venir se détendre dans notre salon.

Ça fait que... venez nous voir que q temps c't'année. En écrivant cet article (au mois de juillet), vous pouvez nous trouver au L227 édifice Parker (c'est le gros édifice blanc à coté du Grand Salon), quoique il se peut que nous déménagions par la fin de l'été.

Et pour ceux qui s'en foute de nous: on est ici. Nous sommes un controverse (quoique on devrait pas l'être; nous sommes vraiment des gens très agréable). Nous n'allons pas partir. Accoutumez-vous de nous.

Centre des femmes de l'université Laurentienne
L227 Édifice Parker
675-1151, ext. 2151

LA LIBRAIRIE DE L'UNIVERSITÉ LAURENTIENNE

N'ÉCRIVEZ PAS dans vos livres S.V.P.

** Assistez à vos cours avant d'écrire votre nom dans vos livres.

** ... Autrement, vous ne recevrez pas un remboursement intégral!



Association of Collegiate Entrepreneurs (ACE)

- Promotes the exchange of ideas and information between entrepreneurial student groups across Canada.
- Hosts National and Local entrepreneurial conventions around the country.
- Creates publications (National Magazine, Newsletters), the National Conference, Chapter Presidents Meetings.
- Spread awareness and support for entrepreneurs.

If you want to:

- share ideas about entrepreneurship and free enterprise;
- network with like-minded people who may become valuable business contacts in the future;
- examine and try the entrepreneur's life and work style while still in school and decide whether or not it is right for you;
- learn more about entrepreneurship;
- help expose others to the topic,

Come to our office at the Clubs' Room in the Student Centre.

"Youth With a Vision"



Do yourself a favor and to the community also. Join Rotaract for fellowship through service.

Rotaract is a community service made up of young men and women between the ages of 18 and 30. It began in 1968 as a means for Rotary International to get involved in the growing youth movement across the globe. Today, there are more than 5000 clubs in 110 countries.

You can volunteer your time and your talents in many ways: community service, International service and professional development. A

Rotaract club is more than a community service club. It is a part of a global effort to bring peace and international understanding to the world. Just imagine how great this would look on a resume or a C.V. Let people know you want to be involved locally, regionally and internationally. Want some experience in fundraising events? Join our team and you will have many opportunities to do so. We stage numerous fundraising events for different important charities. All Rotaract clubs are self-governing and self-financing. Nous sommes aussi un club bilingue.

For more information, contact François Marier at 525-1967, Anthony Delabbio at 522-2743 or visit us in the clubs' room.

HELPING THE WORLD WRITE NOW



Self-sufficiency through literacy in the developing world
For information, call 1-800-661-2633

4 species removed from Canada's endangered species list.



It's a start.
World Wildlife Fund Canada
1-800-26-PANDA

HELPING THE WORLD WRITE NOW



Self-sufficiency through literacy in the developing world
For information, call 1-800-661-2633



It's a start.
World Wildlife Fund Canada
1-800-26-PANDA

AIESEC Laurentian

International Awareness

AIESEC is an organization devoted to global management and leadership development.

Opportunity For World Travel

AIESEC provides the opportunity for AIESEC'ers to work abroad. This can be done in any of 85 countries.

Meet New People

As a member of AIESEC, you will be introduced to students from Laurentian as well as students from other universities across Canada. There are also general meetings, team meet-

ings and conferences for AIESEC locals all over Canada. These are meant to motivate AIESEC'ers towards our numerous goals.

Practical Business Experience

AIESEC will give students a chance to gain practical business experience while studying. Events such as Career Day and Business Breakfast are some of the many ways that AIESEC'ers are exposed to the business world. As a result, business contacts will be made that could prove to be helpful when seeking future career-oriented employment for students beginning their career search.

Laurentian Elocution and Debating Association

Are you interested in public speaking and debating? If so, then come and join the Laurentian Elocution and Debating Association of L.E.D.A. We are a brand new club on campus and need you to give us the strength and drive to become a major club at Laurentian. Many other universities have this sort of club and Laurentian does have some catching up to do.

We feel that debating and public speaking are important things in a student's life and future. Many people are involved in a debating club during their high school years.

This should not end when entering university but instead be continued. Even if you do not have any debating or public speaking experience, this club can be very helpful with all those presentations and lectures you will be expected to give during your university years. We organize workshops and mini-tournaments for the high school students of the region. Your experience is needed as we enter our second year in existence.

For more information, contact Aaron Marsaw at 522-2102, François Marier at 525-1967 or Nicole Payette at 524-3729.

Afro-Caribbean Association

On behalf of the Afro-Caribbean Association LUACA Executive, I would like to take this opportunity to welcome all new and returning students to Laurentian University. The main objective of LUACA is to establish and maintain cultural interests of students with African and/or Caribbean heritage. This is attained by providing and promoting Black awareness through various seminars, educational and cultural activities which are offered to the Laurentian University community as well as to the Sudbury community. Membership is open to anyone who is interested in the aims and objectives of the Association. So keep your eyes and ears open for details about how you can become an important part of this worthwhile group, as well as our first event. If you have any questions of concerns, please feel free to contact Shaundell Parris between 7 and 10pm at (705) 522-2116. I look forward to meeting you all.

STUDENTS / FACULTY / STAFF

LU PHOTO ID \$ 5.00

or

RENEWAL STICKER \$ 2.00

SEPTEMBER 1994

COMMENCING

TUESDAY

SEPTEMBER 13TH

FROM 12 NOON

GREAT HALL LOBBY AREA

OFFICE OF THE
DIRECTOR OF SERVICES

International Students Organization

The International Students Organization (I.S.O.) would like to welcome all new and returning students. The purpose of the I.S.O. is to encourage and maintain the spirit of unity and friendship among all members of the Laurentian family. We hope to provide opportunities for the different nationalities of our community to not only come together, but explore, share and discover the different worlds that make up the bigger one. The I.S.O. shall achieve this by supporting and coordinating a variety of activities this 94-95 academic year. If you would be interested in becoming part of the executive council or should you have any questions or comments, please feel free to contact us at the I.S.O. office located in the clubs room at the Student Centre. We look forward to a great year together!

Mariolen Groeneweg

CLUB DAYS
SEPTEMBER
21 & 22 IN
THE
BOWLING
ALLEY

The Real Coolest Bands in Canada: A Weekly Column

There is sooo much great Canadian music that has never been covered in these pages. That's right!! You have been deprived of knowledge, and now it shall all end. These are the bands that you probably won't see too many videos from, unless you watch cable channels at 3:00 in the morning. These are the bands that you're kid will get into as they rebel against the conservativeness that you have fallen into after you graduate from school. They put out classic records and do more touring than most of the creampuff bands that tour universities in September and October put together. Most of them don't give a shit if you like them or not because they know that their fans are people with enough brains to seek out independent recordings and can actually read far enough in an article to see that they have been in the news all along, just usually shoved to the end of the piece because petty journalists don't understand. Here it goes, read if you know how.

The Stand GT- This quartet from Glengarry, Ont is going to be one of those legendary punk rock bands like Husker Du. Power pop to an extreme, the Stand GT are signed to a label in Seattle called Top Drawer Records. Their first appearance was on *It Came From Canada* Volume 5, the last in the best series of Canadian Music Compilations ever. It was put out by OG Records in about 1989. Since then, they have put out two EP's on 7" records, a full length tape, plus appeared on various other compilations. Some of the compilations include: *Glengarry Calling*, a three song 7" of hometown bands; *Merry Goddamned Christmas*, an EnGuard

Records christmas compilation; 2 Solitudes, a compilation of Montreal and area Anglophone and Francophone bands; a 7" tribute to The Gits, and some East coast stuff. Their full length album will come out this fall with at least part of it being produced by Kurt Bloch. You can write to the record labels and the boys to get free stickers and catalogues that will introduce you to all the other cool bands that Stand GT hang around with.

Stand GT c/o Chris Page, R.R. #1, Bainsville, Ont.
Top Drawer Records, 4219 5th Ave N.E., Seattle, Wa. 98105
En Guard Records, 1671 St Hubert., Montreal, P.Q., H2L 3Z1

Trigger Happy: My god, music cannot get any better without exploding. Popcore to the nines. Skateboarding sensibility, heavy masturbaters, tour machine, I saw them eight times last year and I wish that it could have been more. My personal favourite band. Another band that shreds bass players faster than lightning. They have had all the hard luck that any one band should be allowed to have. If any of these creampuff bands are getting along so easy it's because Trigger Happy gets all of the bad luck. Sometimes persistence does pay off though, this year, Trigger Happy will put out an album with Raw Energy/ A&M Music. If they don't win your hearts they will probably eat you. Look for *Uncooler*, a ten song tape put out in 1993, and *Disturbo*, a 16 song CD/ Tape put out in 1992. Also, a collector's item would be to find anything under their old name, *Kingpin*. Going even farther back, to 1989, you

can look for *Deep End, suck*, featuring Alan and Mark from Trigger Happy (94).

For a copy of uncooler or disturbo, write to:
Trigger Happy c/o, Eh One, P.O. Box 171 689 Queen St. W., Toronto, Ont. M6J 1E6

The Smugglers: Canada's finest surf/ garage/ punk/ party band. They started by putting out a 7" single on Nardwuar the Human Serviette Records around 1989. This was followed by an EP with Nardwuar and then an album with PopLlama Records. Also in there was a live record called, *the Smugglers at Germany*. In 1993, the boys put out their first CD, *In the Hall of Fame*, on PopLlama. Since then has come a single on Mint Records (home of *Cub*), a split single on Top Drawer Records with *Bum*, and a single on Spain's Radiation Records with *The Hoods*. They have also appeared on many compilations, such as *What Wave #21*, Nardwuar Comps, etc. One of the guys plays in *The Evaporators*, one plays in *Bum*, they put on a great show, but you've gotta get up and dance or they'll spray you with paint and piss in your beer. In the past couple months they released a new full length album on Spain's radiation records that is quickly climbing up the charts. It's called *Wet Pants Club* and you should be able to order it at fine record stores everywhere. If you don't like those people at stores and you think that you'll never get your record, then discover the joy of mailorder.

Smugglers c/o
Mint Records- 699-810 West Broadway, Vancouver, B.C., V5Z 4C9

Only The Best! Doughboys at Townehouse, Sept. 12th



Montreal's popular

with the album, *Home Again*, that year on local Pipeline Records. The album was a hit on campus radio and led the way for the constant touring and subsequent signing to U.S. based Restless Records in 1988. That year, the band released, *Whatever*, and continued touring. Their fast, melodic punk rock took *Husker Du's* power pop to a new level with more harmonies and power chord guitar melodies.

The Doughboys toured with many other bands that have since become giants in "alternative" music, such as *Big Drill Car*, *Chemical People*, *7 Seconds*, and *All*. Up to a pace of about 200 shows a year, the band found time to record, *Happy Accidents* for release in 1990, again on Restless Records. Their last release for that label was an EP in 1991 called, *When Up Turns to Down*. While searching for a new label, Kastner and crew were making some line-up changes, appearing on compilation albums (*Buzzcocks* covers album, etc.) and, of course, touring.

In 1993, The Doughboys inked a deal in Canada for worldwide distribution with A&M Records. *Crush*, the debut on A&M, locked itself on Canadian pop charts for several months, spawned 3 videos with heavy rotation at Muchmusic, and of course, led to more touring. Since last summer, the band has crossed Canada twice, squashed the U.S., swung through Europe, toured with *Rush*, played the festival circuit, toured with *Bad Religion*, *Seaweed* and *Green Day*, and are now doing the Universities and more gigs this fall.

Like their first radio hit in 1987 promised, they take no holidays. So here we are, The Doughboys are playing the Townehouse on Monday, Sept. 12th. Tickets are on sale now for \$8.00 (hey, there's two great local pop bands opening the show so get there early). You can purchase the tickets at The Townehouse, and you might as well because a show like this doesn't come along every day. I'm going because I just want to see if John is gonna hit his head on the ceiling when he takes to the air.

LA LIBRAIRIE DE L'UNIVERSITÉ LAURENTIENNE VOUS SOUHAITE LA BIENVENUE!!

HEURES DE POINTE:

du 6 au 9 sept.	9h00 à 16h30
du 12 au 15 sept.	9h00 à 20h00
du 19 au 21 sept.	9h00 à 19h30

le 26 septembre:
Retour aux heures NORMALES!!!
9h00 à 16h30 du lundi au vendredi

Fermé le samedi et dimanche





- * Livres*
- * Fournitures*
- * Tasses - Cadeaux*
- * Gamme de vêtement avec le logo de la "Laurentienne"*
- * Ordinateurs*

DATES IMPORTANTES ARGENT POUR LIVRES

NOUS RACHETONS LES LIVRES USAGÉS (À L'EXTÉRIEUR DE LA LIBRAIRIE)
le 6 au 9 septembre de 10h00 à midi & 13h00 à 15h00.
COMMANDEZ VOTRE MANTEAU DE CUIR/NYLON DEVANT LE GRAND SALON
le 29 et 30 septembre de 10h00 à 15h00.
(Regardez pour nos annonces dans le LAMBDA pour plus de détails)

Thorneloe University

Welcome to Thorneloe University! We are one of Laurentian's Federated Universities. Thorneloe has a little bit of everything. Our education facility offers courses within Laurentian's Faculty of Humanities; Classics and Theatre Arts, Women and Religious Studies. We are the smallest residence on campus, giving us a close family atmosphere. Within the residence, we have our annual Christmas Semi-Formal in late November and our Year End Formal in March. Residence life is a host of spirited events, from our floor dinner parties to competitions and tournaments between floors. Our university, connected with the Anglican Church,

has our own St. Marks Chapel with weekly services at 7:00pm. Thorneloe's Student Council has an excellent year planned for 94-95. Join us for our popular Coffee Houses, which are amateur talent nights. Bring

your most musical talents; bands or solos, your best comic routines, or your most creative acts and come over to McGregor's, Thorneloe's Social Center, for an entertaining evening. Dates and times, as they become available, will be posted and advertised around the university. Party like a university student? Join

us at the Pub Down Under for both Thorneloe Pub Nights. Don't worry - we won't forget you. You will be notified before you arrive for frosh week. Speaking of Frosh Week, ours is jammed pack full of all kinds of wild and wacky events. As a

frosh member to Thorneloe, try our first ever "Mall Crawl" on Wednesday for 9-3pm. Or how about our Century Club on Thursday. Maybe our Pub lunch on Tuesday at noon is just what you need before dancing the night away



a t Backstreet, a trip sponsored by your SGA. Fear not, we will

feed you (corn roast Friday night, BBQ Monday night) and you will feed us - breakfast bright and early Monday morning. Our famous "Frosh Walk" is Sunday around noon - your chance to 'parade' around campus, saying hello to your fellow campus mates. And last, but certainly not least, we cannot forget Kangaroo Court Sunday afternoon.

As we sponsor other events throughout the year, we will let you know dates, times, places. So watch for us at the Pub, during Hill Carney week in January or for our Coffee Houses.

Look for more information in your Thorneloe Frosh Week packages mailed to you this summer. Have a great summer and we will see you in September!



Presenting University College Residence

Celebrating its 25th anniversary this year, University College Residence is the oldest non-denominational residence at Laurentian University. The eleven story tower is home to 240 students from all faculties and programs. The building is connected to the Residence Complex which includes a games room, study rooms and offices along Student Street.

University College Residence, informally known as "UC", "Animal House" and "The Ivory Tower", has a singular reputation as being the most exciting and vital group of students on campus. UC is known for its enthusiasm towards student activities within the residence as well as throughout the Laurentian community. Whether cheering on the Vees or their own "Unicorns" sports teams, attending their own annual events such as curling, Oktoberfest or Formal, supporting university events including LU Carny Week and Vees Appreciation Day, or just letting loose at the Pub, UC Residents are hard to miss and easy to approach. The residents are governed and represented by University College Residence Council (UCRC). The Council consists of a five-member executive, a councilor from each floor plus SGA, charity and sports representatives. Organizing and running social and recreational activities is just one part of the Council's duties. The Council's administrative function includes providing representation and supervision of relations between the student of UCR and the university as a whole. With only about 5.1% of the full-time enrollment of Laurentian, the residence owes much of its prestige to the confident organization and influence of this body.

UC Residents are intensely proud of the reputation and tradition they have built over the past quarter century. The building has been fortunate enough to have been the home for more than its share of exceptional individuals. For twenty-five years, UC Residents have made extraordinary contributions to this university - to its athletic programs, to its student clubs and associations, to its social and charitable activities, and most importantly, towards building the community that is Laurentian University.

Kevin Dorse President
Jason MacAskill Treasurer
Shawna-Lee Marley Secretary

Tracey McLeod Vice-President
Kevin Bagshaw Social Convenor

Vinyl Records are here to stay!

What's that you say? You thought that vinyl didn't exist anymore? Well, only to those who so quickly dismissed it. Vinyl records, in fact, never left. Many major artists still press their albums into vinyl, but only as a limited release. The major problem with the image of vinyl is because of the record stores themselves. When the new, smaller, stronger packaged Compact Disc was introduced, retailers jumped at the chance to make their lives easier to handle and phased out records from their bins as soon as they could.

No store in Sudbury carries vinyl, even though most of your favourite artists are still releasing it. Pearl Jam puts out their records on vinyl, as well, they have released 7" records with exclusive songs on it. This means that you will have to swallow your digital pride if you want to have complete collections of some of your fave stars. Nirvana, Soundgarden, Green Day, Husker Du, Stone Temple Pilots, Beck,

Sloan, Sugar, etc. All of these major artists have made sure that you will be able to purchase their music on the most beautiful format that ever existed.

Besides these major artists, many independent artists continue to put out vinyl because it is still cheaper than putting out a CD. Bands such as Cub, Stand GT, The Smugglers, The Cynics, The Kravin' A's, The Evaporators (Hell, these guys even put out 8-tracks), Rancid, The Offspring, NoFX, Lagwagon, Fugazi, NoMeansNo, D.O.A., Pennywise, and hundreds more have all released vinyl in the past year. You don't believe me? OK, next time you are strolling down Yonge St. in Toronto, two blocks south of Bloor is a store called, The Record Peddler, you go in and look around. Oh my god! Vinyl, everywhere!! Two other good stores in Toronto are Rotate This at 640 Queen St. West and Vortex Records (just past Spadina going west on Queen St). They have a lot more

independent and hard to find stuff in there. HMV and Sam's have the new 7" singles of the hot groups but not too much more. Two excellent stores in Ottawa are Birdman Sound on Bank St., near the Glebe and Shake Records on 150 Laurier West. They both have most of the new releases on Vinyl as well as excellent collections of punk rock 7" records. In London, Dr. Disc used to be the stuff, but now you have to go up and over a couple blocks to In Yer Ear Music. Nice collection of LP's but tons and tons of singles.

Eight cool reasons for buying vinyl:

1. If you hate the band next year, you can turn the record into an ashtray
2. The 12" jacket is still the most artful music cover that there ever was.
3. Sooooo aerodynamic!!
4. It's usually cheaper than CD's
5. Your friends that didn't read this will think that you're a wacky, rugged individual for going "against the grain"
6. If you have a dresser this year, then you can have something to put in all those milk crates you moved here with.
7. Reduce the number of turntables in landfill sites.
8. Three words: Records are cool!!!

TOP 10 TIPS FOR SURVIVING RESIDENCE LIFE

10. Get to know your roommate(s) well. By December, something as simple as leaving the window open at night when he or she detests that cool night air could start World War III.
9. Make sure you bring a Teddy Bear or some other inanimate object that you can complain to. Generally, they can't fight back.
8. Create a happy place in the deepest, darkest regions of your overworked mind. Go there often.
7. Never, and I mean never, deliberately piss off your R.A. Don Proctor. Always remember that they are usually the ones that fill in your damage report at the end of the year, and you'd be surprised at how fast two tiny nail holes rapidly multiply into twenty.
6. Invest in a family pack or two of Kraft Dinner. Come exam time, you can trade a box for the finer things in life (like bread) to desperate, burnt out neighbours.
5. Get involved in the activities created by your council. If you don't, then don't bitch to other people about how bad you think they are.
4. Bring a foam slab to put on top of your mattress. You think that Sudbury is all rock? Obviously you've never spent a night in a residence bed.
3. Respect the privacy of your roommate(s) and their possessions. Little sticky notes with phrases like "Don't touch", "Mine", and "Death to those who so much as lay a finger on this" are not to be taken lightly.
2. Try not to spend your grocery money at the Pub. Barley sandwiches don't usually fill the hunger gap to your satisfaction. If you're on a meal plan, beware of the gravy; enough said.
1. Always keep a spare roll of two-ply toilet paper stashed in a secret place. The morning after three pitchers of Rickard's Red can be murder, and a little bit of softness goes a long way.

CLASSIFIED ADS

INTERNATIONAL EMPLOYMENT - Make up to \$2,000 - \$4,000+/mo. teaching basic conversational English abroad. Japan, Taiwan, and South Korea. Many employers provide room & board + other benefits. No teaching background or Asian languages required. For more information call: (206) 632-1146 ext. J40271.

CRUISE SHIPS NOW HIRING - Earn up to \$2,000+/month working on Cruise Ships or Land-Tour companies. World travel (Hawaii, Mexico, the Caribbean, etc.). Seasonal and Full-Time employment available. No experience necessary. For more information call: (206) 634-0468 ext. C40271.

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FREE TRIPS to Mexico, Cuba, Florida, Québec. Goliger's Travel, voted #1 in Customer Satisfaction, is looking for the BEST individuals, clubs or organizations to promote Spring Break Sun/Ski Trips. Call Dwayne at 1-800-263-3192.

per issue

\$1.00 for twenty (20) words or less

\$1.00 for every 15 extra words

Ads must be paid in advance

Carine & Jocelyne are

Inviting You to a party / reunion.



WHO: ANYONE WHO WAS ROOM-MATE OR HOME HUNTING
WHEN: SATURDAY, SEPT. 10/94
11 a.m. TO 3 p.m.
WHERE: ROBERTSON COTTAGE
(See map over -->)
WHY: REUNION, MEET OTHER STUDENTS & HAVE FUN..
(ALSO CARINE'S B.DAY!!)

PICK UP YOUR FREE PIZZA TICKET
IN ADVANCE AT OUR OFFICE (L-229)
OR RESERVE IT BY CALLING US.
(ONLY 60 TICKETS AVAILABLE)

Off-Campus Housing Office

L-229, Student Centre, 2nd floor, R.D. Parker Building, 675-1151 ext. 1087

Service de logement hors campus

L-229, Centre Étudiant, 2ième étage, Édifice R. D. Parker, 675-1151 poste 1087

PUBLIC EVENTS

Laurentian Karate Club-Goju-Kai

Traditional Japanese Karate (hard/soft)
Tuesdays, Thursdays from 5:45pm to 7:00 pm and
Sundays from 10:00am to 12:00pm.
Classes begin September 8th (you can join at any time)
at the Alphone Raymond Building. Classes are open to all.
Fees are \$15.00/month or \$40.00/semester. For more informa-
tion, contact Craig at 523-2785 or the Physical Education
Services office at extension 1001/1002.

Public events are free of charge.
Deadline for submission is Friday at 4:30pm.
We reserve the right to modify information submitted.



You better be there
or else!!!

Méfiez-vous si vous n'y êtes
PAS!!!

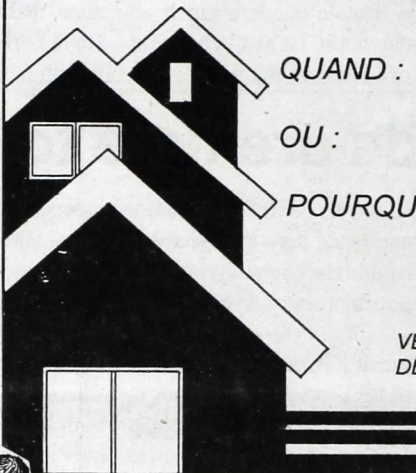


Carine & Jocelyne

Vous Invitent à une fête / réunion.

QUI: TOUS CEUX ET CELLES QUI
ON FAIT LA CHASSE AU
LOGEMENT OU AU CO-LOC.
QUAND: SAMEDI 10 SEPT. /94
11 h à 15 h
OU: CHALET ROBERTSON
(Voir carte au verso -->)
POURQUOI: RENCONTRER D'AUTRES
ÉTUDIANT-E-S & AVOIR DU
PLAISIR. (C'est aussi la fête à CARINE)

ENEZ CHERCHER VOTRE BILLET GRATUIT
DE PIZZA D'AVANCE AU BUREAU (L-229) OU
RÉSERVEZ-LE EN NOUS APPELANT.
(Seulement 60 BILLETS sont disponibles)



Off-Campus Housing Office

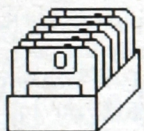
L-229, Student Centre, 2nd floor, R.D. Parker Building, 675-1151 ext. 1087

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we'll set
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some fun
stuff to do.
Call us at
673-6548

Student Services

le jeudi 8 sept. 1994 / Thursday, Sept. 8, 1994

Student Services' mission is to foster a wholesome lifestyle and learning environment which is supportive of students and will challenge them to realize their full potential as persons. The office is located on the 2nd floor of the R.D. Parker bldg., room 210. The office offers various services.

Coordinator of Student Services

Paddy Blenkinsop
673-6506

This office is responsible for coordinating the various services available to students such as chaplaincy, counseling, financial assistance, health, housing, job placement, recreation and special needs. It is also concerned with the enhancement of the quality of student life.

Counselling and Resource Centre

Sid Bergersen, Counsellor
Monica Lafontaine, Native Student Counsellor
673-6506

The Counselling and Resource Centre provides support and information to students to further their own learning and development. Services provided include individual counselling related to career planning, academic skills and matters of personal concern, workshops, an info Centre, Peer Tutoring and Peer Assistants.

Placement Centre

Gabrielle Lavigne, Manager
673-6598

The placement centre provides information and referrals on a wide variety of career and job openings.

Special Needs

Earl Black, Coordinator
675-1151 ext. 3324 (TDD 675-4806)

The Special Needs office coordinates services for students with disabilities. Support services and equipment to meet a variety of needs are also available as are public awareness programs, advocacy and counselling.

Student Awards

Suzanne Brunette, Manager
Gabrielle Ferlatte, Officer
675-6578

Students Awards administers all forms of undergraduate financial assistance with some services provided to international students.

Health Services

E. Najgebauer, M.D., Director
Y. Roy, Supervisor
675-1151 ext. 1067 (evenings/weekends 673-6546)

Health Services help clients and patients achieve optimum physical, mental and social well-being.

Housing Services

University College and Single Students' Residence, Paulette Lafortune, Manager, 675-4814
Married/Mature Students' Apartments, Noreen Barbe, Coordinator, 673-6597
Huntington University, Maria Cooper, 673-4126
Thorneloe University, Judy Leore, 675-1151 ext. 1052
University of Sudbury, Father Ronald Perron, 675-1151 ext. 1053
Off-Campus Housing Services, Jocelyne Côté, Officer, 675-1151 ext. 1087

Housing Services includes the residences as well as Off-Campus Housing Services office. The latter maintains listings of housing available throughout the city of Sudbury, offers valuable info concerning your rights and obligations, provides you with advice and much more.

Chaplaincy Services

Huntington University, United Church, Gailand MacQueen, 673-7011
Thorneloe University, Anglican Church, Geoff Woodcroft, 673-1730 or 682-2648
University of Sudbury, Roman Catholic Church, Simon Davis s.j., 673-5661 ext. 206
Ronald Perron s.j., 673-5661 ext. 317

Chaplaincy Services are offered by each of the federated denominational universities according to its respective church affiliation.

Physical Education Services

Ron Larwood, Chair, 675-1151 ext. 1020
General Information, ext. 1002
Intramural Athletics, ext. 1018
Athletic Therapy, ext. 1031
Equipment Counter, 673-6573

Physical Education Services allow students access to L.U.'s first-rate athletic facilities upon presentation of a valid student card. Intramural sports, sports clubs, Intercollegiate Athletics are but some of the activities offered.

WANT TO SEE THE VEEES IN ACTION FOR FREE? IF YOU ARE AN AVID VEEES FAN, COME IN AND WORK FOR LAMBDA AS A SPORTS WRITER. THE PHONE # IS 673-6548

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**don't forget to pick up
your 15% discount card
at the SGA office**

Do You Want New Wave or do You Want the Truth?

Hello there, welcome to Laurentian University. I'll be your Entertainment Editor for the year, providing that I don't get thrown in jail, killed mysteriously, mortally wounded on stage, or maybe thrown out for pissing people off. It just occurred to me that I have a hand in your barrel of fun, so this is what I plan to do. I'm going to bug you to go out and see cool movies, bands, plays, etc. and then write about it. I'm expecting you to look for something fun to do this year. Sudbury has much to offer in all forms of media.

If you are into theatre, go out and support **Theatre Cambrian**, a troupe that encourages the use of your frontal lobe (don't worry, you'll learn that in the first month of Intro. Psych.). If you are a thespian then go out and audition. Here on campus we have the **Thorneloe players group**, and the rest of the city has **Sudbury Theatre Centre**. There's lots of productions going on, get involved.

For live music, your Student General Association only puts on a couple of big bashes during the year. They are usually well set up and have good line-ups, but what do you do between **Endless Summer** (Sept.) and **Carny Week** (January)? You have to go out into the city and look for it. The main live music club is **The Towne House Tavern** on 206 Elgin St. Every night is live music, ranging from solo folk, to: celtic, blues, jazz, punk, hardcore, pop, rock, reggae, ska, etc. There are lots of local bands to see, the cover is always fair, bouncers won't kick your butt for dancing, never any fights, not a mindless meat market, dress is casual, all ages shows, if you are a musician, it's easy to get a booking there, need I say more? **The International Hotel** has rock-n-roll bands on weekends and is generally a friendly atmosphere. Another club is **Backstreet**, behind the Grand Theatre, which has all ages shows on Sunday nights but is usually a dance bar. There are lots of dance bars, actually,

you can seek out City Lights, Norma Jean's, the 1500 Pub, Ralph's, Pat and Mario's, Don Cherry's, etc.

At the cinema, we have lots of mainstream Hollywood trash to numb your mind with nightly, or you can check out Cinefest, our film festival that will be on in September when you move into residence. Hopefully, the Rep House, or some group like that, will sponsor a series of hot underground films this fall so that we don't have to put up with more of Arnie's poorly written scripts. You can get involved with writing for Lambda by coming in when you get here and leaving a note for me. I'll tell you right now, until my wonderful editor fires me, I will not let reviews of stupid things go in this paper. You want to find out about the new Clapton album, or Cruise film, look in the Thompson paper. You're in University now, don't you think that it's time to start looking for something that the rest of the world isn't going to ruin through marketing. Let them have their ilk and boorish humour. They give the world Coke, we want Snapple, they give us Erkel, we want Dennis Miller, they give us Colin James, we want Muddy Waters, they give us Simon and the Wedge, we want NoFX, SNFU, Green Day, The Smugglers, The Hanson Brothers, Stand GT, Trigger Happy, Furnaceface, Bikini Kill, L7, Hole, The Evaporators, well, you get the point.

There is a world of theatre, music and film that lies outside of all that has bored you for the past 18 to whatever years. This paper will be the key to it. Oh yeah, let me also plug my homies over at CFLR radio, Sudbury's only alternative radio station. As long as you don't want to play classic rock, they can probably help you out. So, that's my spiel, I hope to see you hangin' in the office this year.

Paul Loewenberg
Entertainment Editor

Walking Laurentian Safely Home 688-4681

The Department of Security at Laurentian University is pleased to be able to offer the Walkhome service. Walkhome is a unique addition to campus life. Here's how it works.

If you are walking around the campus late at night, by yourself...don't. Find a phone and dial 688-4681; the direct line to the Walkhome Program. You will be instantly in touch with our volunteer walkers who will meet you wherever you are and will accompany you to wherever you're going. It's as simple as that.

The Walkhome service also needs concerned students to volunteer to walk people home. To volunteer as a Walker leave your name with Parking and Security at 675-1151, extension 6562. We need you!

Don't take chances! The Walkhome service is offered to you to ensure your safety during the evening hours. Use it! One phone call could make all the difference. Walkhome hours are, from Sunday to Wednesday from 6:30 P.M. to 12 midnight and from Thursday to Saturday from 6:30 P.M. to 2 A.M. Be smart. Be safe. Call Walkhome.

Rendez-vous À La Maison, En Sécurité 688-4681

Le service de la sécurité de l'Université Laurentienne est heureux de vous offrir le service d'accompagnement. Ce service est un ajout unique pour la population universitaire. Voici comment cela fonctionne!

Vous devez marcher seul, le soir, sur le campus?...SURTOUT PAS! Trouvez un téléphone et signalez le 688-4681. Vous serez immédiatement en contact avec le service d'accompagnement. Les étudiants/étudiantes volontaires vous rencontreront, où que vous soyez, et vous accompagneront jusqu'à l'endroit où vous désirez aller. C'est aussi simple que cela!

Nous avons un grand besoin d'étudiants/étudiantes volontaires intéressés. Si ça t'intéresse d'offrir tes services comme ACCOMPAGNEUR, laisse ton nom et numéro de téléphone au bureau du service de la sécurité au 675-1151, poste 6562. Nous avons besoin de toi!

Ne prenez pas de chances! Le service d'accompagnement est offert, en soirée, afin d'assurer votre sécurité. UTILISEZ-LE! Un simple appel peut faire toute la différence. Les heures du service d'accompagnement sont de 18h 30 à minuit, du dimanche au mercredi et de 18h30 à 2h, du jeudi au samedi.

Sois prudent! Sois en sécurité! Appelle le service d'accompagnement!



Alcohol On Campus

Making responsible decisions about alcohol

Here are some ways of avoiding problems. Keep in mind that drinking should not be the primary focus of any activity.

Set a limit on how many drinks you are going to have when you drink and stick to it.

Drink slowly - don't gulp your drinks.

Respect another's choice not to drink.

Do not encourage or reinforce irresponsible behaviour.

Never let a person who is under the influence of alcohol drive and never get into a car with a drinking driver.

Do not drink before you have to study. Alcohol may relax you but it impairs your ability to retain information.

Avoid missing classes because of alcohol use or because you are hung over. When partying affects your ability to attend school, you have a drinking problem.

If you or someone you know is having problems because of drinking, there are places both on and off campus where you can get help. These include Health Services, hospitals, clinics, treatment centres, Health centres and physicians.

L.U. BOOKSTORE Jacket Days

Order Dates: Sept. 29 & 30th
Time: 11 a.m. to 3 p.m.
Place: Great Hall Foyer

Prices

Leather \$289.95
Melton Leather \$195.95
Stadium Jacket \$82.95 & \$92.95
Nylon Jacket \$64.95 & \$68.95

Get your L.U. Jacket!!



Services aux Étudiants

Le mandat du bureau des services aux étudiants est de favoriser un style de vie et un milieu d'apprentissage sains et favorable qui permettront à chaque étudiant et étudiante d'atteindre son plein potentiel en tant qu'individu. Le bureau est situé au 2e étage de l'édifice R.D. Parker, salle 210.

Coordonateur des Services aux étudiants

Paddy Blenkinsop, coordonateur
673-6506

Ce bureau est responsable de la coordination de divers services, notamment dans le domaine de services de pastorale, de l'orientation, de l'aide financière, des soins de la santé, du logement, des stages, des activités sportives et récréatives et des besoins spéciaux. Il s'intéresse également à la qualité de la vie étudiante.

Centre d'orientation et d'information

Sid Bergesen conseiller
Monica Lafontaine, conseillère aux étudiants Amérindiens
673-6506

Le centre d'orientation et d'information a comme objectif d'enseigner aux étudiants comment assumer la responsabilité de leur apprentissage et de leur développement. Quelques-uns des services offerts sont la consultation personnelle dans le domaine de la planification de carrière ainsi que sur les aptitudes relatives aux problèmes sur le plan scolaire et personnel; des ateliers, le Centre d'information, un programme de leçons particulières et un programme d'assistants étudiants.

Centre de placement

Gabrielle Lavigne, chef
673-6598

Le Centre de placement fournit des renseignements ayant trait aux diverses possibilités d'emplois et de carrière.

Bureau des besoins spéciaux

Earl Black, coordonateur
675-1151 poste 3324 (ATME 675-4806)

Le bureau des besoins spéciaux coordonne des divers services offerts aux étudiants handicapés. De l'équipement et services de soutien sont disponibles afin de satisfaire à tous les besoins ainsi que des programmes de sensibilisation, la défense des intérêts des étudiants handicapés.

Bureau de l'aide financière

Suzanne Brunette, chef
Gabrielle Ferlatte, préposée
675-6578

Le bureau d'aide financière administre l'aide financière sous toutes ses formes

pour les étudiants de premier cycle de la Laurentienne et fournit une aide précieuse aux étudiants étrangers.

Service de santé

E. J. Najgebauer, M.D., directeur
Y. Roy, surveillante
675-1151 poste 1067 (Soirs et fins de semaine 673-6546)

Les objectifs du Service de santé sont de promouvoir, rétablir et maintenir la santé physique et mentale des étudiants.

Service de logement

Résidence du Collège universitaire et Résidence des étudiants célibataires, Paulette Lafortune, responsable, 675-4814
Appartements des étudiants mariés/adultes, Noreen Barbe, Coordinatrice, 673-6597
Université Huntington, Maria Cooper, 673-4126
Université Thoneloe, Judy Leore, 675-1151 poste 1052
Université de Sudbury, Père Ronald Perron, 675-1151 poste 1053
Service de logement hors campus, Jocelyne Côté, agente, 675-1151 poste 1087

Le Service de logement comprend les résidences, ainsi que le service de logement hors campus. Ce dernier tient à jour une liste de logements disponibles dans la région de Sudbury, offre des informations importantes au sujet de vos droits et obligations, donne des conseils et encore plus.

Service de pastorale

Université Huntington, Église unie, Gailand MacQueen, 673-7011
Université Thoneloe, Église anglicane, Geoff Woodcroft, 673-1730 ou 682-2648
Université de Sudbury, Église catholique romaine, Simon Davis s.j., 673-5661 poste 206
Ronald Perron s.j., 673-5661 poste 317
Chaque université confessionnelle de la fédération selon sa tradition met au service des étudiants des aumôniers.

Service d'éducation physique

Ron Larwood, directeur, 675-1151 poste 1020
Informations générales, poste 1002
Activités sportives intra-muros, poste 1018
Thérapie du sport, poste 1031
Comptoir de l'équipement, 673-6573

Le service d'éducation physique offre aux étudiants l'occasion de profiter des équipements sportifs de premier ordre de l'Université et participer à certaines activités. Les activités intra-muros, les clubs sportifs et les sports intercollégiaux ne sont que quelques services offerts.

30 Things to do on an exam when you know that you are going to fail it anyways

by Ed Windy
SFU Peak

1. Get a copy of the exam, run out of the exam room screaming "André, André, I've got the secret documents!!"
2. Talk the entire way through the exam. Read questions aloud, debate your answers with yourself out loud. If asked to stop, yell out, "I'm SOOO sure you can hear me thinking." Then start talking about what a jerk the instructor is.
3. Bring a Game Boy (or Game Gear, whatever.) Play with the volume at max level.
4. On the answer sheet (booklet, whatever) find a new, interesting way to refuse to answer every question. For example: I refuse to answer this question on the grounds that it conflicts with my religious beliefs. Be creative.
5. Run into the exam room looking about frantically. Breathe a sigh of relief. Go to the instructor, say, "They've found me, I have to leave the country" and run off.
6. Fifteen minutes into the exam, stand up, rip up all the papers into very small pieces, throw them into the air and yell out "Merry Christmas". If you're really daring, ask for another copy of the exam. Say you lost the first one. Repeat this procedure every fifteen minutes.
7. Come into the exam wearing slippers, a bathrobe, a towel on your head and nothing else.
8. Come down with a BAD case of Tourette's Syndrome during the exam. Be as vulgar as possible.
9. Bring things to throw at the instructor when he/she isn't looking. Blame it on the person sitting nearest to you.
10. As soon as the instructor hands you the exam, eat it.
11. Every five minutes, stand up, collect your things, move to another seat, continue with the exam.
12. Turn in the exam approximately 30 minutes into it. As you walk out, start commenting on how incredibly easy it was.
13. Get the exam. Twenty minutes into it, throw your papers down violently, scream out "Fuck this!" and walk out triumphantly.
14. Arrange a protest before the exam starts (i.e.. Threaten the instructor that whether or not everyone's done, they are leaving after one hour to go drink.)
15. Show up completely drunk. (Completely drunk means at some point during the exam, you should start crying for mommy.)
16. Comment on how sexy the instructor is looking that day.
17. Come to the exam wearing a black cloak. After about 30 minutes, put on a white mask and start yelling, "I'm here, the Phantom of the Opera" until they drag you away.
18. If the exam is math/science related, make up the longest proofs you could possibly think of. Get pi and imaginary numbers into most equations. If it is a written exam, relate everything to your own life story.
19. Try to get people into the exam hall to do the wave.
20. Bring some large, cumbersome, ugly idol. Put it right next to you. Pray to it often. Consider a small sacrifice.
21. During the exam, take apart everything around you. Desks, chairs, anything you can reach.
22. Puke into your exam booklet. Hand it in. Leave.
23. Take 6 packages of rice cakes to the exam. Stuff at least two rice cakes into your mouth at once. Chew, then cough. Repeat if necessary.
24. Masturbate.
25. Walk in, get the exam, sit down. About five minutes into it loudly say to the instructor, "I don't understand ANY of this. I've been to every lecture all semester long! What's the deal? And who the hell are you? Where's the regular guy?"
26. Do the entire exam in another language. If you don't know one, make one up!
27. Bring a black marker. Return the exam with all the questions and answers completely blacked out.
28. Every now and then, clap twice rapidly. If the instructor asks why, tell him/her in a very derogatory tone, "the light bulb that goes on above my head when I get an idea is hooked up to a clapper. DUH!"
29. From the moment the exam begins, hum the theme to Jeopardy. Ignore the instructor's requests for you to stop. When they finally get you to leave one way or another, begin whistling the theme to the Bridge on the River Kwai.
30. After you get the exam, call the instructor over, point to any question, ask for the answer. Try to work it out of him/her.

LAURENTIAN UNIVESITY BOOKSTORE

Please, DO NOT write in your books!!!

** Attend your first classes before writing in your books (not even your name!!)

** We cannot give you a full refund if you do!!!



ATTENTION!!!

CLUBS DAYS 1994

Wed. Sept. 21st & Thurs. Sept. 22nd

BOWLING ALLEY

Clubs wanting a table should contact Paddy Blenkinsop at Student Services, 2nd floor, Parker Bldg. Phone 673-6506

JOURS DES CLUBS

Mercredi 21 et jeudi 22 septembre

1ère étage, Édifice des arts

Les clubs qui veulent une table devraient communiquer avec Paddy Blenkinsop au bureau des Services aux étudiants, téléphone 673-6506

12 Ways To Confuse Your Roommate

by Kimberly Fair
SFU Peak

1. Every time you enter the room, sit in a chair, lean back too far and fall over backwards. Laugh hysterically for about ten minutes. Then, one day, repeat the falling over exercise, but instead of laughing, get up, look at the chair sternly, and say, "It's not funny anymore."
2. Every time the phone rings, turn on the stereo at full volume and begin to violently slam-dance with your roommate. If he/she asks about it, say, "Oh that damn hypnotist."
3. Wear glasses and complain that you never see anything. Bump into walls and doors. Put your clothes on backwards. Say, "Who's that?" every time your roommate enters the room. When you're not wearing glasses, act like you can see fine.
4. Wear scary Halloween masks.
5. Put headphones on your roommate while she/he is sleeping and subliminally teach him/her to speak Spanish, play the trombone and memorize all the major exports and imports of each African nation.
6. Never speak to your roommate directly. If you need to ask or tell him/her something, go to another room and call her/him on the phone.
7. Make brown bag lunches for your roommate every morning. Give them to him/her before he/she goes to class.
8. Put up traffic signs around the room. If your roommate doesn't obey them, give her/him tickets. Confiscate something your roommate owns until she/he pays the tickets.
9. Rollerskate up and down the hallway. Every time you see your roommate, crash into him/her and knock him/her down. Apologize and say that he/she looked like the enemy.
10. Get a can of beans. Label them "Jumping Beans". Eat them and jump around the room. Get another can of beans. Label them "Dancing Beans". Eat them and dance around the room. Get yet another can of beans. Label them "Kill Your Roommate Beans". Eat them, smiling at your roommate.
11. Complain that your elbows, knees and other joints have been bothering you. Get a screwdriver and pretend to fix them.
12. Insist that your roommate recite "Oh Canada" with you every morning at 5 a.m...

Le service de Pastorale



Le Service de Pastorale agit de façon compatissante et humanisante sur le campus en rassemblant des personnes de milieux et d'origines différentes. Il vise la croissance spirituelle et personnelle de chacun et chacune. En plus, il procure un espace où la solitude et l'aliénation sont compensées par une présence attentive par des personnes qui favorisent l'échange sur le sens de la vie et les questions ultimes.

Toutes sortes d'activités sont prévues pour l'année en cours.

° La Montée (septembre) avec d'autres universitaires

° Marche dans la nature - Chemin d'Emmaus (octobre)

- ° Repas partage (pot luck)
- ° Rencontre de prière oecuménique (septembre - janvier)
- ° Journée "Clown" (mars)
- ° Partage biblique
- ° Expérience du Tiers-Monde (mai)
- ° Articles dans les journaux étudiants
- ° Visite de Centre Correctionnel
- Espace dans le local des clubs avec le service d'une petite bibliothèque

Le mode de ministère inclut: l'accompagnement des groupes de discussion et de réflexion, ateliers, rencontre de prière, visites d'hôpitaux

et de prisons.

Les étudiants et étudiantes sont organisés en groupe de volontaire pour participer au Service de Pastorale des paires.

Les volontaires s'engagent à promouvoir les objectifs du Service de Pastorale de la Laurentienne. Ils s'efforcent d'assurer "une plus grande conscientisation et visibilité de la vie spirituelle sur le campus". Les volontaires informent la communauté universitaire des activités qui s'organisent et ils sont disposés à partager leur perception et compréhension de la vie spirituelle sur le campus.

Plus plus de renseignements, veuillez communiquer avec Ronald Perron s.j. à l'Université de Sudbury (705) 673-5661 ou visiter les volontaires dans la salle des clubs.

Ten Survival Tips for Off-Campus Students

1. a) Be aware that all room mates have ideosyncracies.
b) Be prepared to discover them during Christmas exams.
2. Look for signs that your room mate might have something up their sleeve. These may include, but are not limited to:
They offer to turn down your bed for you.
They insist that you can turn your next bubble bath into a whirl pool by bringing the blender into the tub with you.
They offer to bring in your assignment for you the morning after the party from which you returned late at night, (or was it early in the morning), brought a few friends with you, ordered a pizza, made some popcorn and watched a Steven Segal movie with surround sound while your roommie must attend an 8:30 Friday morning class in three short hours.
3. a) Don't rent an apartment if the people before you were kind enough to leave the "Roach Hotels" for you when they moved out.
b) If you do rent a Roach Hotel equipped apartment, be sure to change them 24 hours before moving in.
4. Don't believe Kevin (LOCS/EHCL) Santi if he tells you that you MUST Jell-o wrestle at Backstreet against the bruisers from SSR as part of the Off-Campus coming of age. (P.S. Don't tell Kevin he needs a haircut either).
5. DO NOT, UNDER ANY CIRCUMSTANCES depend on City Transit for anything, anytime, anywhere. Assume the bus will be arriving at your destination a half hour late and plan for it accordingly.
6. Never linger in a grocery store whose floors are similar in texture to that of a movie theatre after a double showing of the *Rocky Horror Picture Show*. Run, don't walk, to the nearest exit and order a pizza instead.
7. Do not eat anything from the back of the bottom shelf in the refrigerator unless you can identify it. (It's a well known fact that the student refrigerator can evolve an ordinary plate of leftover Kraft Dinner into a member of the animal kingdom higher on the food chain than the homo sapien)
8. Make sure that your restaurant of choice has a "no shoes, no shirt, no service" rule applicable to the cook. Don't believe the waitress if she tells you that that pungent odor emanating from the above mentioned cook is just the lingering fragrance of Brie.
9. Read *Lambda* to stay in tune with what's going on campus and give us a call if something's happening off-campus you think we might be interested in. (Ooops, shameless plug, who wrote that?)
10. Do not buy major appliances from any "salesman" whose place of business is a folding card table on Elm Street. Make a special effort to avoid those who begin every sales transaction with "Psst. Hey, Bud!"

Chicken Teriyaki

There's more to chicken than finger lickin' delight!

Preparation time: 40 minutes
Cooking time: 20 to 25 minutes
Serves three

Wash:
3 chicken breasts

Place in casserole dish.

Combine in a small bowl:
1/2 cup (125 mL) lemon juice
1/4 cup (60 mL) water
3 tbsp. (45 mL) soy sauce
1/4 tsp (1 mL) ground ginger
1 tsp. (5 mL) garlic powder or
1 clove garlic, peeled and sliced

Don't Start Without:

casserole dish
small bowl
large spoon
measuring spoons
measuring cup

Helpful Hints:

- Any chicken parts can be used here. Legs take more time to cook than breasts, wings take less. If you eat a lot of chicken or are serving to a large gathering, buy a small chicken and cut off the limbs (it's not as brutal as it sounds). The rest of the bird can be used to make sandwiches and Chicken soup.
- Be careful when using the 'Broil'

Pour mixture over chicken. Let stand for at least 30 minutes.

Cook under broiler, skin side down, for 10 minutes.

Turn chicken over. Tip pan, collect juices and pour over chicken. (You may not fully grasp the significance of this, but you have just basted a chicken.)

Cook 10 to 15 minutes, basting every 5 minutes.

Cooked chicken will be crisp and dark brown.

setting on the stove. Talking on the phone, watching TV or playing chess are not advisable during cooking time, since food can easily catch fire under the broiler.

- There is probably a separate setting for 'Broil' on your electric oven. You've found it when the upper element in the oven turns red hot.

Serving ideas:

- Rice is a natural with Chicken Teriyaki. Add a green or yellow vegetable to round things out. To steam vegetables, slice them, place in steamer and place steamer in a large pot. Add 2 inches (5 cm) water, cover and cook over high heat for 15 minutes.

Food Services Committee

Bravez le froid cet hiver et venez faire le don de vie.



La Société canadienne de la Croix-Rouge

YOUR ACADEMIC ADVISERS VOS CONSEILLERS ACADÉMIQUES

These are the names and phone numbers of academic advisers to first year students
Voici les noms et numéros de téléphone des conseillers académiques aux étudiants de première année

Students in Federated Colleges / Les étudiants aux Collèges fédérés

Huntington	D. Joblin	673-7011
Thorneloe	A. McGregor	673-1730
Un. of/de Sudbury	R. Perron	673-5661

Other students / Les autres étudiants

Humanities / Humanités

L. Steven	English Dept	Ext.4353
A. Réguigui	Dépt. de français	4312

Science / Sciences

I. Robb	Physics Dept.	Ext.2230
W. Rank	Dépt. de chimie	2107

Social Science / Sciences sociales

E. Levin	Psychology Dept.	Ext.4242
D. Dennie	Dépt. de sociologie	4218

Professional Schools / Écoles professionnelles

Commerce	Engl.	B. Cotton	2134
	Fran.	J-C Cachon	2126
Engineering / Génie	P. Lindon		2241
	M. Kelly		6541
Nursing / Sciences infirmières	Engl.	R. Vanderlee	3807
	Fran.	M. St-Onge	3812
Social Work / Service social	Engl.	P. Viswanathan	5052
	Fran.	A. Mvilongo-Tsala	5064
Sports Admin./ Admin. des sports	Nati.	S. Webster	5063
	G. Zorbas		1021
Translation / Traduction	D. Merkle		4107

Surviving The Wasaga Beach Experience

by Derek Ripley
Contributor

Frosh week for the many returning students at Laurentian U., will be a reuniting of friends. Not only will it be a time of torturing frosh, but it will be a time when stories of the past summer are shared and memories of the previous year will be refreshed. I share with you now the experience of my summer at Wasaga Beach:

It is my break time as I write this story of my experience. I sit under the store canopy, watching crowds of nearly naked people passing by. Each of these individuals is working carefully on their shin cancer (or tan as they prefer to call it). I am not complaining, because it is their stupidity which pays my salary.

In the distance someone releases a shriek of terror as *The Screaming Demon* gives its next victim a momentary perception on near-death. *The Screaming Demon* is somewhat similar to bungee jumping except that the oversized elastic band has been replaced by a giant swing, and instead of charging \$40 for the momentary, yet horrifying experience, a mere \$20 will suffice. But, as the locals are aware, if you look like a good screamer you can usually get a special marked down price.

The summer is nearly over. The season reached its peak at the end of July, and has gradually slowed to a standstill. By the end of August it will only be the local bargain hunters which visit the store. Inside, I hear the cashier talking to a customer:

"Can't you give me a special deal?"

"No. The prices are as marked."

"How 'bout no tax?"

"No. The prices are as marked."

"But this stuff is so expensive."

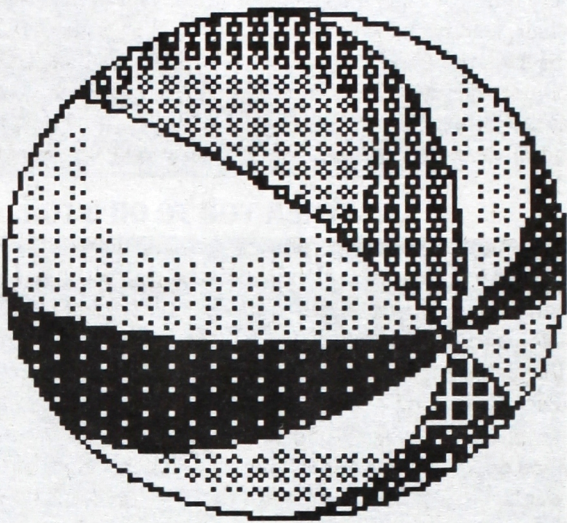
"Hey, we're the cheapest on the whole beach, and I've even seen higher prices in department stores."

"Yeah, sure you did. Do you take Mastercard?"

For the third time this week, a local has asked me if we sell playing cards. If this person were an unwary tourist, I would have kindly told him that he would find playing cards in the joke shop located just around the corner. Little would he know that in this store the playing cards would feature nymphomaniacs and kinky sex. In front of the counter, a cabinet full of sex gadgets is displayed for all. The sign says "over 18 only" but knee-high children can learn much about what fundamentalists deem as sin. Since the video rental is so far away, perhaps it is here that the weekenders buy their evening entertainment. A few late night drinks at *The Dard*, the local bar, help to make these products seem a little bit more interesting.

I would feel no guilt for my little practical joke, for I know that on the way to the joke shop this individual is likely to be sucked into *The Black Hole*. Seriously speaking, *The Black Hole* is one of the wondrous exhibits which is to be found in *The Haunted Warehouse*. *The Haunted Warehouse* is a business which prides itself in scaring people. Those who do not survive their experiences in *The Haunted Warehouse* are denounced as chickens for life. Survivors are given a certificate the size of a business card which marks the significance of their bravery.

As I look out across the Georgian Bay, I see dark black clouds approaching. Soon the wind will hit. It will send umbrellas, magazines, and anything else which is not secured shooting down the beach. Those who are too stupid to heed nature's warnings will likely be drenched in the ensuing downpour. Perhaps it is time to put away my lawn chair, and return to work. The store will soon be filled with people seeking shelter.



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up to 2 weeks after classes start

Spring/Summer

up to 1 week after classes start

Courses Dropped

up to 1 week after the course was dropped.

Academic change form must be presented

Reference and General Trade Books

Cloth: up to 48 hours with receipt

Paper: no returns. All sales final

Gifts and Sundries

Up to 10 days from the date of purchase.

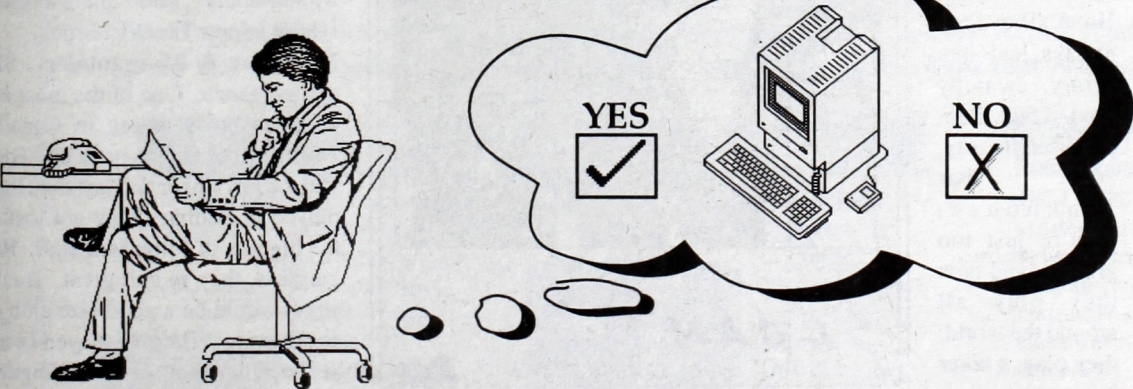
Clothing must not be washed or worn.

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All returns must be accompanied by a sales receipt and in mint condition. There will be **NO EXCEPTIONS** to the above policy.

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* ask other students (especially graduating students) if they require a computer

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Pro's

* reduction of time and effort

* no worries about full computer rooms

* etc...

Con's

* \$\$\$

* \$\$\$

For more information, get a copy of "A Basic Guide for Students - Microcomputers" from the Micro Computer Centre (673-6504).

The Ten Coolest Canadian Campus Bands

Ok, these are the bands that you have probably heard of. They have stuff on Muchmusic, some have stuff on the radio and some get featured on the CBC on shows like "Ear to the Ground". If you think that a band is hot but didn't make this list, don't fret. These are some of the cooler bands, but not the only cooler bands. Some groups that deserve to be on this list just as

much as any other might include: Sloan, Jale, Hardship Post, Lowest of the Low, Spirit of the West, Cub, Blue Rodeo, I Mother Earth, The Doughboys and more. Anyhow, these are ten bands that will have an impact on the bank accounts of students this year.

Gandharvas- An awesome bunch of dudes from London, Ont. released their debut, *A Soap Bubble and Inertia*, on Watch Records, distributed by MCA, earlier this year. Based on the popularity of their video for The First Day of Spring, they have completed their first big national tour. They've played at the Townhouse twice and have promised to come back this fall. Their music is an earthy blend of jazz, folk, surreal lyrics, great rock, good playing, thunder, crashing, a little grunge, a little punk. The best description is to say that they're just so damn interesting! They get my bet as next big thing on Campuses across Canada.

Junkhouse- This Hamilton based band led by Tom Wilson has been around for quite a few years, making their recent success on the charts and in clubs something called "getting their dues". The first time I saw them was in 1990 in an attic in Guelph called The Albion Hotel. They have always had that grimy, swampy kind of feel. People used to say, "Oh that Junkhouse, they're just too gruffy", and now they play all around the world, they play at biker conventions, they have videos on

Muchmusic and they've got Mega company Sony behind them 100%. In other words, they're cooler than you and I will ever be, so you had better show you're respects.

Morganfields- Alun Piggus, Singer/Guitar, Writer and all-around skinny guy for the Morganfields is another longtime player has is getting what is owed to him from the Canadian Music community. From

the mid-eighties in London punk bands like Zen Bones, to his days as the crazy mandolin/ banjo guy for Celtic Blue he has been on the road in buses and vans, busting his ass, flipping burgers, etc.

With the Morganfields (Drummer Jay Santiago and various bass players) Alun has combined all sorts of musical styles into one ear shredding powerful unit possible to every point in Canada that they can get a little more about. They are the hottest of the underground bands. 1993's 'Thrash Waltz,' They have a co-op label in Ottawa the Morganfields got their called One Handed Records. They sound down on the acetate and were finally a put on big shows. They are one of the hit. Of course they are still shredding through the Ottawa music scene. When they

bass players. Maybe I'll go down and try out. Oh well, if I disappear midway through the year, come and see me and the Morganfields the next time they play at their favourite bar in the country, The Townhouse.

Tragically Hip- Five piece from Kingston that you all know about. Many albums, many videos, many tours, many bands cover and copy them because they are originals. Their first album came out in 1989, first EP was '87 or '88, they've won Junoes, Casbys, and other awards. They are stars and they will conquer the world. I'm positive that their first single will be the popular "If you love her, buy her a gun", which they released as a cassette at Furnacefest '94. Anyhow, look for their new album, *This* their 1994 album and the video for *Will Make You Happy*, on Cargo Records and their old ones, *Just Buy It* and the first two, through independent distribution.

Big Sugar- Of the bands on this list, Big Sugar is the only one that I haven't seen live. They are a powerblues trio based in Toronto. With the release of *Will Make You Happy*, on Cargo Records and their old ones, *Just Buy It* and the first two, through independent distribution.

Leslie Spits- They dropped the "Tree-o" from the name because one of the founding members has left the band to go back into the theatre scene. Anyhow, they've got four albums left on their contract with Capitol/EMI so won't see them disappear for awhile. Campus hits include cover of "Angel From Montgomery", and "She's a Slut". Hippy Dippy Theatrical rock.

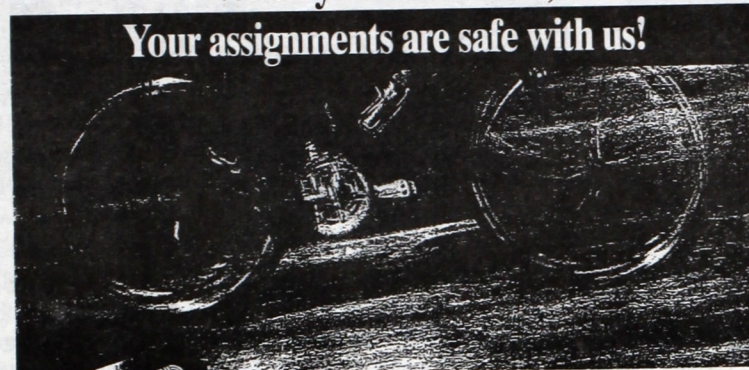
Me, Mom & Morgantaler- Ska extravaganza. One of the most enjoyable shows to see in Canada. Uplifting but not too preachy. They lost the girl singer and last time they played in Sudbury they got lost in the bigness of Mine Mill Hall. Regardless, they're still great. Backstreet would be a good size club to see them in. They've played twice at the Townhouse. Multilingual, Universal good time.

Skydiggers- Another band that I've seen but can't remember what they're like. You probably remember what REM type has put in many bids for the band, rock. First popular single was in 1990, but they've had record company problems coming out the wazoo or something like that. Oh well, I so they only have one other album guess that Gord will finally be able to get his amp fixed without having to hock one of his Armani suits. and hard, long years getting shafted by the industry.



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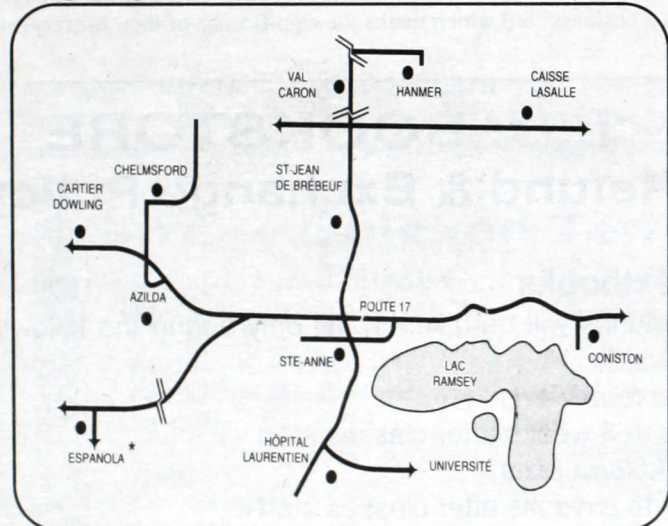
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C.P. St-Jacques de Hanmer
4477, rue Notre Dame (Hanmer)

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(Sudbury)

C.P. Lasalle Sudbury
1380, Boul. Lasalle (Sudbury)

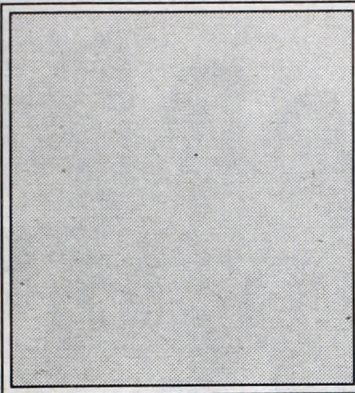
Hôpital Laurentien
41, chemin du Lac Ramsey
(Sudbury)

*Aucun guichet automatique
à cette caisse



Pigfarm- Oh my god, It ain't Grunge!!

Today, I had a short conversation with **John Deslauriers** from **Pigfarm** about what is happening for the band. I don't have room for the whole conversation, so I'll sum up. Here's some history. Pigfarm is a band from the Toronto area that started up in the late 80's as



The band plays some of every style of music on stage, ranging from flat-out rock and a bit of punk, to a bit of country and folk. It's all slightly reminiscent of what the **Meat Puppets** used to be like during their days on SST Records. John

agreed and added that a big influence on their early days the Bay area band, **Rhythm Pigs**, who were distributed by Mordam.

The album, **Plug**, is distributed by Page Publications Canada (Barenaked Ladies' Steven Page and his dad), the band is published by peermusic and booked by The Agency. This means that you should be able to pick up their CD or tape in cool record stores anywhere. It also means that they will probably be selling their stuff off the stage. Even though they have all this going for them in terms of merchandising, John says that the band may go to a completely independent stage for their next album. The reason is simple, sometimes working with a group is nice, but sometimes you have to give up control to work with outside people. Of course it sucks, so a little more work and a lot less stress will get it done without having to play anyone else's games.

Go see this band. All the reviews are good. My review is good. I loved the Meat Puppets anyways. They're going to put on a hell of a show.

Pigfarm will be playing at the Townhouse on Tuesday, Sept. 13th. If there is a cover, it will be minimal.

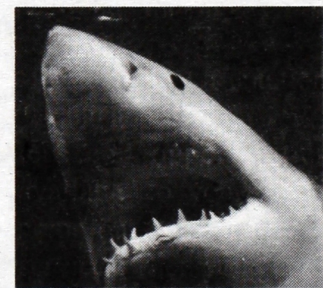


Important numbers to know (and pertinent addresses!)

Lambda	673-6548	SCE301
SGA	673-6547	SCE212
AEF	673-6557	SCE202
ALPS	673-6503	L234
GSA	675-1151, 4356	L226
CFLR	673-6538	Portable AP-1
Canadian Federation of Students	673-1061	SCE212
Admissions	675-4843, 3909, 3915, 3917	P111
Continuing Education	673-6569, 3932	P141
Counselling and Resource Centre	673-6506	L210
Harassment Office	675-1151, 3422	L925
Health Services	675-1151, 1067	G-23
Liaison Services	673-6594	L101
Off-Campus Housing	675-1151, 1087	L229
Ombudsperson		
Claude Roy	675-1151, 1083	L924
Placement Centre	673-6598	
Registrar	673-6565, 3911	
Special Needs Office	675-1151, 3324	L210
Student Awards	673-6578, 3050	L222
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J.N. Desmarais Library		
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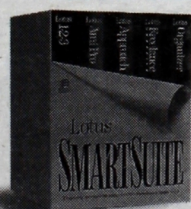
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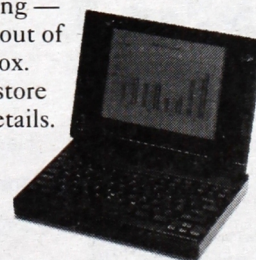
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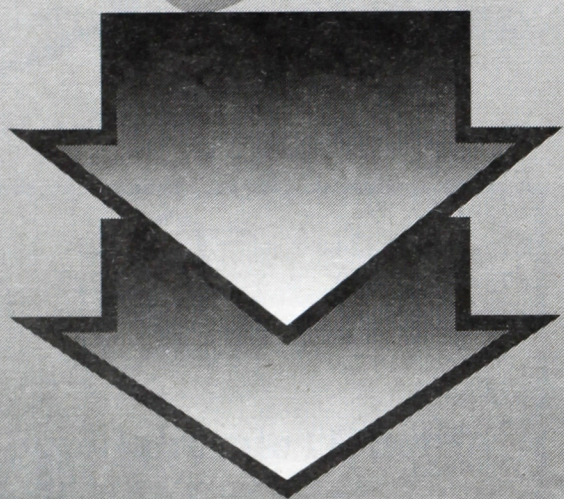
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4. The contest begins August 29, 1994 and ends October 28, 1994.
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